

## Aftercare Instructions for Botox, Daxxify and Dysport

### What to Avoid:

- Do not rub, massage, or apply pressure to injection sites for 12-24 hours.
- Vigorous exercise for 24 hours to help reduce bruising and product movement.
- Facials, massages, peels, and other intense skin treatments for 24 hours.
- Microneedling or IPL treatments for at least 2 weeks to prevent product migration.
- Hot tub, saunas, steam rooms, and prolonged sun exposure for 24 hours.

### Remember:

- Mild swelling or bruising at injection sites is common.
- Makeup may be applied once all injection sites are dry and closed, using clean applicators and minimal pressure.
- Full effect seen in ~10-14 days.

### When to Contact Us:

- You are experiencing severe pain, unusual swelling, or redness.
- You experience changes in your vision or have difficulty seeing.
- Have significant eyelid or brow drooping.
- Have signs of infection, such as fever, warmth, spreading redness.